

Period & frequency of Simple Harmonic Motion

Defining equation for SHM: $a = -\omega^2 x$

where ω is used to find the frequency or period of the oscillation:

$$\omega = \frac{2\pi}{T} = 2\pi f \quad \begin{matrix} \text{Angular speed} \\ \text{or} \\ \text{angular frequency.} \end{matrix}$$

units: s^{-1}

$$\left(\text{recall } T = \frac{1}{f} \text{ or } f = \frac{1}{T} \right)$$

Example - the period of a pendulum:

Recall: $a = -\frac{g}{l}x$ and $a = -\omega^2 x$

$$\omega^2 = \frac{g}{l}$$

$$\omega = \sqrt{\frac{g}{l}}$$

$$\frac{2\pi}{T} = \sqrt{\frac{g}{l}}$$

- note that the amplitude doesn't affect period
- mass doesn't affect the period.

$$T = 2\pi \sqrt{\frac{l}{g}}$$

T vs l

$$T^2 = \frac{4\pi^2}{g} l$$

a graph of T^2 vs l
will linear with a
slope $\frac{4\pi^2}{g}$ and a y-int.
of zero



The slope could be used to
find a value for g :

$$\text{Slope} = \frac{4\pi^2}{g}$$

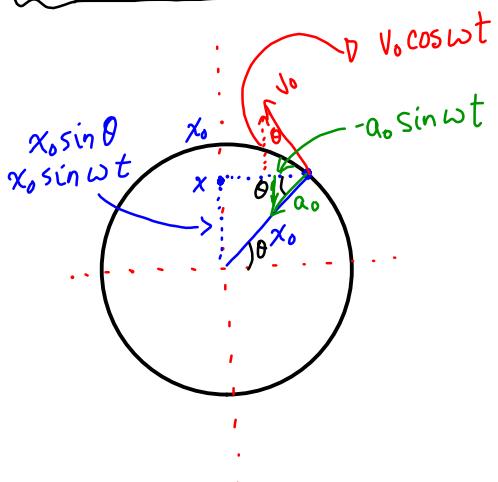
Data Booklet

$$\omega = \frac{2\pi}{T} \quad \rightarrow \omega = 2\pi f$$

$x = x_0 \sin \omega t$; $v = v_0 \cos \omega t$; projection on the vertical axis

$x = x_0 \cos \omega t$; $v = -v_0 \sin \omega t$; $a = -\omega^2 x_0 \cos \omega t$ projection on horizontal axis

$a = -\omega^2 x$ must know!

Projected circular motion - with projection on the vertical axis.

The solution to the defining equation $a = -\omega^2 x$ and the corresponding values of v and a become:
(projecting on the vertical axis)

$$x = x_0 \sin \omega t$$

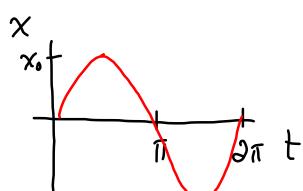
$$v = v_0 \cos \omega t \quad \text{or} \quad v = x_0 \omega \cos \omega t$$

$$a = -a_0 \sin \omega t \quad \text{or} \quad a = -x_0 \omega^2 \sin \omega t$$

$$a = -\omega^2 x$$

If $x=0$ at $t=0$

$$x = x_0 \sin \omega t$$

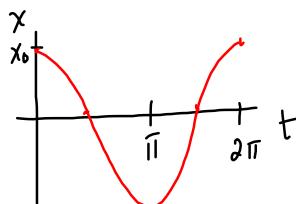


$$v = v_0 \cos \omega t$$

$$(a = -a_0 \sin \omega t)$$

If $x=x_0$ at $t=0$

$$x = x_0 \cos \omega t$$



$$v = -v_0 \sin \omega t$$

$$(a = -a_0 \cos \omega t)$$

Relationship between displacement x and Velocity v

$$v = V_0 \cos \omega t$$

$$v^2 = V_0^2 \cos^2 \omega t$$

$$1 = \sin^2 \theta + \cos^2 \theta$$

$$v^2 = V_0^2 (1 - \sin^2 \omega t) \quad (V_0 = x_0 \omega)$$

$$v^2 = x_0^2 \omega^2 (1 - \sin^2 \omega t)$$

$$v^2 = \omega^2 (x_0^2 - x_0^2 \sin^2 \omega t) \quad (x = x_0 \sin \omega t)$$

$$v^2 = \omega^2 (x_0^2 - x^2)$$

$$v = \pm \omega \sqrt{(x_0^2 - x^2)} \quad \leftarrow \text{don't need to know } t \text{ in order to find } v.$$

\ominus / \oplus
left / right

RADIANS!

If $x = 0$ (ie at equilibrium)
the velocity will be a maximum
If $x = \pm x_0$ (ie. at min/max)
the velocity will be zero.

EXAMPLE:

A pendulum has a period of 1.2 s and an amplitude of 0.10 m. Calculate the displacement, velocity, and acceleration of the pendulum bob 0.70 s after it is released. $t=0, x=x_0$

$$T = 1.2 \text{ s}$$

$$x_0 = 0.10 \text{ m}$$

$$t = 0.70 \text{ s}$$

$$x = ?$$

$$v = ?$$

$$a = ?$$

Since the pendulum is released from its maximum displacement and that is when the timing starts, we use: $x = x_0 \cos \omega t$ etc

$$v = -V_0 \sin \omega t$$

$$a = -\omega^2 x \quad \text{or} \quad a = -\omega^2 x$$

easier!

First find ω :

$$\omega = \frac{2\pi}{T}$$

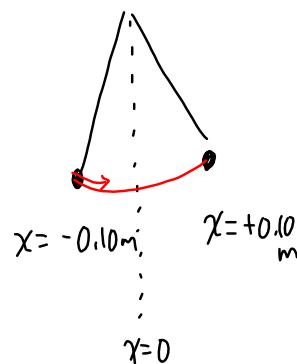
$$\omega = \frac{2\pi}{1.2 \text{ s}}$$

$$\omega = 5.2 \text{ s}^{-1}$$

$$x = x_0 \cos \omega t$$

$$x = (0.10 \text{ m}) \cos((5.2 \text{ s}^{-1})(0.7 \text{ s}))$$

$$x = -0.087 \text{ m}$$



$$v = -V_0 \sin \omega t$$

$$v = -x_0 \omega \sin \omega t$$

$$v = -(0.10 \text{ m})(5.2 \text{ s}^{-1}) \sin((5.2 \text{ s}^{-1})(0.7 \text{ s}))$$

$$v = -0.25 \text{ ms}^{-1}$$

going to the right.

OR

$$v = \pm \omega \sqrt{(x_0^2 - x^2)}$$

you will have
to choose
which is approp.

$$a = -\omega^2 x$$

$$a = -(5.2 \text{ s}^{-1})^2 (-0.087 \text{ m})$$

$$a = +2.4 \text{ ms}^{-2}$$

acceleration is to the right (Force is to the right)
(bob is to the left of equilib)

EXAMPLE:

A pendulum has a period of 1.2 s and an amplitude of 0.10 m. Calculate the displacement, velocity, and acceleration of the pendulum bob 0.70 s after it is released.

Graph the displacement, velocity and acceleration vs time .
(over 1 full period)

$$\omega = \frac{2\pi}{T}$$

$$\omega = \frac{2\pi}{1.2s}$$

$$\omega = 5.2s^{-1}$$

$$x = x_0 \cos \omega t$$

$$x = (0.10) \cos(5.2t)$$

m

$$\frac{2\pi}{T} \Rightarrow T = 1.2s$$

$$v = -x_0 \omega \sin \omega t$$

$$v = -(0.10)(5.2) \sin(5.2t)$$

$$v = -(0.52) \sin(5.2t)$$

ms^{-1}

reflection
of sine

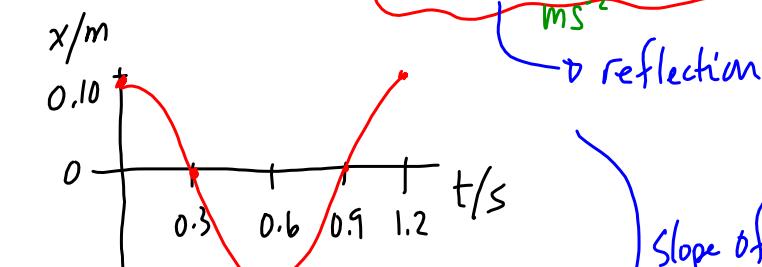
$$a = -x_0 \omega^2 \cos \omega t$$

$$a = -(0.10)(5.2)^2 \cos 5.2t$$

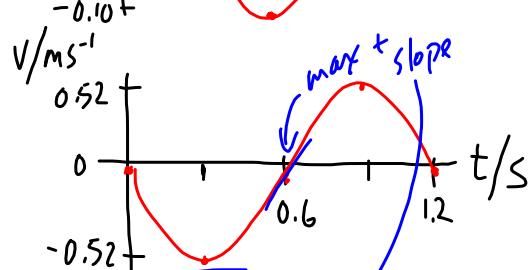
$$a = -2.7 \cos 5.2t$$

ms^{-2}

reflection



Slope of tangents at time t



Slope of the tangent

